

OCTOBER 2022

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Thank you Ma'am.

Illustration kindly supplied by Alexander Paterson, Middle Tysoe.

TIME FOR REMEMBRANCE CAME EARLY THIS YEAR



The seasons that have shaped our lives for many centuries usually see us moving through October Thanksgiving for the gathered harvests to our November memorials for the Saints, family members and those who have defended us and our Nation in times of war.

This year we have been experiencing national, and for many very personal, gratitude and grief together at the death of our late Sovereign Queen Elizabeth II. There have been so many memories shared and emotions expressed. We have seen film footage and pictures covering almost a century, depicting the life and work of the most photographed woman of all time, and for almost all of us she has been part of our whole lives, always active, seemingly tirelessly on duty, caring, sharing a joke, weeping or standing firm – whatever was needed for her people in 54 Commonwealth countries around the world.

She was on the stamps that took our letters to those we love and for official business, on the money we spent on everyday goods in the shops. She was with us at home on Christmas Day and in times of national celebration alongside James Bond and Paddington Bear. Through the changes of the 20th and 21st centuries she has given our constitution gravitas, our everchanging politics a stable foundation and our armed forces have served her with impressive dedication to the day of her funeral.

Here in England she was more than our monarch. As it says on our coins Queen Elizabeth was the Defender of the Faith. Through the years of her reign we have witnessed a deep Christian faith put into practice, strengthening her for duty, giving her comfort in tough times,

and enabling her to show love and respect to all she served. It is a Christian principle, given to us by Christ himself, to offer service with leadership and Her Majesty the Queen sought to follow Jesus' example.

We can do no better than to follow her example too. Duty has been an old fashioned word in recent times but I think most people of any age would understand now what Princess Elizabeth meant when she said to the world on her 21st birthday 'I declare before you all that my whole life, whether it be long or short, shall be devoted to your service... God help me to make good my vow and God bless all of you who are willing to share in it.'

Let's continue to ask God to help us to serve each other, and let's continue to pray for our monarch, His Majesty King Charles III, to find strength for service as we learn how to sing 'God Save the King'.

with love,

Rev Heather Parbury, The Vicarage, Brailes.

DAVID REMEMBERS

Very occasionally something genuinely good is sent for us all to share. This happened on 21st April 1926. Since then we have all been players in the life of one of the world's most remarkable women. Her vows declared on her 21st birthday are something to which we should all aspire. Service and duty might be old-fashioned values today but they still underpin our Christian ethos.

For a girl with little formal education and no A, O or GCSE level qualifications, Her Majesty has done pretty well breaking record after record as her reign progressed. With a reign this long there will be many different memories for us all. Personally speaking, it's a toss up between having Christmas dinner with the Royal Family at Windsor Castle or HM's conduct on the State Visit to Ireland in 2011. Here she laid a wreath at Dublin's Garden of Remembrance and began addressing the State Banquet in Gaelic. Google *State Visit to Ireland 2011* to learn more.

If you have a particular memory or record relating to HM please share through the Record.

David Sewell, Upper Tysoe

HARD TIMES AHEAD?

The unexpected passing of Her Majesty Queen Elizabeth II, and the subsequent 10-days of national mourning, has been a sad distraction, from the worry of potentially challenging times ahead.



You could take the position, like Edwina Curry did recently, that we are not living through a catastrophe and we should all just calm down; or you could be in the Martin Lewis (Money Saving Expert) camp, with your head in your hands wondering what on earth has gone wrong. Whichever camp you sit in, rising interest rates, the war in Ukraine, Russia tightening the gas taps and the subsequent increase in food and fuel prices will negatively affect many of us sooner or later. After a beautiful summer, the winter is looking gloomier, and darker than ever.

Who am I to muse on this subject? Nobody really. I just know that the so called cost of living crisis is another wake up call for me to look at how I live, prompting me to consider how I can reduce my financial costs, improve my environmental footprint and possibly improve my health at the same time. It's also a wake-up call to think of others. As David Sewell remarked on page 2, 'service and duty might be old-fashioned values today but they still underpin our Christian ethos'.

If Covid-19 is anything to go by, as a village I think we are already well primed to help each other through the coming months. Elaine Mann, in her piece, *Time Travellers in Tysoe*, page 13, speaks about the wartime mentality of Make Do and Mend. I think Tysoe could easily adopt this as one of its underlying values. I marvel as I read our Facebook page, or drive through the village and see what is being given away or sold for a small charge. I have seen this increase 10 fold over the years I have lived here. It's wonderful. Don't forget, one man's junk could be another man's treasure!

People selling their homegrown fruit, vegetables and eggs over the summer is another way of helping thy neighbour. Making available freshly picked wholesome food, at a fraction of the supermarket costs is a splendid money saver. Paul and Heather Dowler, in their article, *Dementia is Everybody's Business* (page 10), pass on NHS guidelines for hopefully averting dementia in the future. These guidelines mainly revolve around healthy eating and restricting tobacco and alcohol, key consumables that add ££s to our shopping bills.

I know residents also contribute to the food bank in Shipston via St Mary's Church but did you know that we have families in Tysoe who are customers of the foodbank too? If the financial situation continues as they predict, we can expect many more residents taking up this life-line.

Further afield Stratford District Council have a page on their website called **Financial and Well-being Support**. It has a Customer Referral Form for you to complete to allow for proper signposting to organisations that can best support you. In this digital world, it is always best to use a website but if you don't have access, ring SDC and ask to speak to somebody direct 01789 267575.

Shipston Foodbank is available for individuals and families struggling to have regular, filling meals. See page 14 for more information.

Finally, in Tysoe, we are lucky to have access to **Tysoe Utility Estate**, a charitable organisation set up to help residents in need. See page 11 for more information.

As we head into winter, consider this. Tysoe is a family. If you need support, please ask, don't suffer alone. We have come through Covid-19 together and we can come through this.

Beverley Thorpe, Guest Editor

40 MONEY SAVING TIPS FOR TYSOE

Which of these money saving tips do you do? Could you do more? Remember this isn't only about saving money. Its about saving precious resources too. The more careful we are with stuff that we buy, be it an item or a service, the less we will need to buy in the future. Give yourself a gold star for each that you do and a silver star for the ones that you could start doing. Best wishes. Beverley

1. When boiling a kettle only boil what is needed. David.
2. Use grey water to flush the loo or water the garden. Leave containers out or hook up water butts to the drain pipes to capture precious water. Shirley
3. Grow your own, buy locally grown or buy seasonal. Carol.
4. Think before you get in the car. Can you walk or bike it? Do you really need to go out. Bundle up trips into one to save petrol and wear & tear. Carol.
5. When practical swap to a greener car. Cars with the lowest CO2 emissions are exempt from car tax. Electric cars are exempt too. Shirley.
6. Use products according to the manufacturers' recommendations. Using the cap for measuring cleaning liquids instead of measuring by 'eye' makes them last a lot longer.
7. Cancel unnecessary direct debits.
8. Deal with draughts. Get thermal linings for thin curtains and door draught excluders. Make a door curtain out of old curtains or a wool blanket. As soon as it gets dark pull all curtains and blinds to keep the warmth in / cold out. Irene.
9. Don't heat unused rooms. Turn the thermostat down to its lowest point (not off).
10. Make do and mend.
11. Read your meter regularly and send the reading to your energy supplier. This will ensure that you are charged for actual usage and not estimated usage.
12. Create a meal plan for the coming days or week based on the food that is already in your fridge, freezer or pantry. Then make a shopping list for just the additional items you need.
13. Think about what food you regularly buy and throw away. Do you only buy it out of habit? Can you buy it frozen / can you freeze it from fresh?
14. Review the contents of your fridge on a regular basis to see what needs using up. Make a plan to cook meals for the freezer before ingredients go off.

15. Don't shop hungry.
16. Use a slow cooker and / or microwave instead of an electric or gas oven. Both are more economical. Steve, Shipston
17. Slow cookers are a great, cheap way to batch cook meals for the freezer.
18. Put on a jumper / socks instead of turning the heating on. Jude.
19. If you have been stationary most of the day, go for a brisk walk to increase your body temperature. If you don't like walking alone, ask a friend or neighbour with a dog to go with you.
20. Turn off 'vampire' electronics. These are ones that burn electricity whilst on stand-by. Typical examples are TVs, computers and laptops, and microwave ovens but why not go around the house and switch off at the wall anything that does not need to be plugged in. Lamps, radios, heaters, kitchen appliances—switch it off at the wall and just switch back on when you use it again. You may need to move some furniture around to get to the sockets or you could consider a smart plug or an extension lead with an on/off switch to use in those hard to reach places.
21. Turn off lights and lamps in rooms that you are not using. Jude.
22. Get rewarded for spending. If you use a credit card, think about swapping to a supermarket based card where you can get points as you spend. These are usually converted once a month back into vouchers for your next shops.
23. Consider a bank account that helps you to save. Both Nationwide and NatWest give you the option to round up your spending to the nearest pound, and then send the excess money to your savings account. It's a bit like the jar we used to have in the kitchen where all of the spare change went. Lisa.
24. Budget. Each month write down your income, expected outgoings (household bills, direct debits etc) so that you know what money you have left to spend. This is a very visual way of keeping track and helps when making decisions over whether to spend money or not.
25. If you have an economy tariff set washing machines and dishwashers to run overnight when the tariff is in effect. If you have solar panels consider running the same equipment during the middle of the day.
26. To maximise their use, make sure that washing machines and dishwashers are full before running them.
27. When replacing white goods buy the most energy efficient product that you can afford.
28. Before buying anything consider whether it really needs to be new? Can it be gifted from a friend, family or neighbour; could it



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SHIPSTON LINK

'Bringing Shipston and the Rural Community together'

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• Email:- enquiries@shipstonlink.co.uk

UBUS

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• Tel:- 01789 264491

• Email:- ubus@stratford-dc.gov.uk

STAGE COACH

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• Tel:- 0345 810 1000

• Email:- midlands.enquiries@stagecoachbus.com

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be from Facebook Marketplace, Freecycle or a charity reuse shop? Think about the options before immediately purchasing something new. Carol

29. Share baths or bathwater, Keep a timer in the shower and stick to it. Shirley
30. Sign up to be notified by Tysoe Shop when items are on offer or reduced because they are nearing their use by dates.
31. If you have a bus pass—use the bus. Not only does this save you money running your car, it reduces pollution and guarantees the bus service for those without transport.
32. Order books and pick them up from the mobile library (or ask a friend to if you are working) or use the Audiobook service online.
33. Buy in bulk. It is generally cheaper to buy items that don't go off, like loo rolls, washing tablets, shampoo, pet food etc in bulk when it is on offer. (Be careful to compare the size and price to what you usually buy—if its smaller it may not be a bargain). Club together with others to share the items and the cost. You still benefit from the lower prices.
34. One man's rubbish can be another man's treasure. Newspapers may be rubbish to you, but they are essential for a home with a log burner. Pass them on if you don't need them.
35. Wash the laundry on the right temperature setting. Laundry detergents are designed to work at lower temperatures now so pick the temperature best suited to your clothes. It will help them last longer too!
36. Turn down the heating a fraction.
37. Use an electric blanket. They make the experience of getting into a cold bed a thing of the past and are very economical to run. Hot water bottles are great too of course.
38. Switch off the tumble dryer and switch to a heated airer. When covered, clothes and bedding can dry within hours, quicker if you also use a dehumidifier. Just remember to turn everything off when done or they will become more vampire appliances.
39. Keep a note of when your insurances and contracts are due to end and start shopping around before they do. You can save £££s by swapping providers. Many still reward new customers more than existing customers. If you get a good deal share it with us on Facebook.
40. If you are paying interest on a credit card it make sense to transfer to a 0% balance card deal. Just make sure that you can either pay it off in the 'free' period or that the interest rates don't jump too high at the end of the promotion.

I hope you have some new ideas or were reminded of ones forgotten.

DEMENTIA IS EVERYBODY'S BUSINESS

Last month was World Alzheimer's Month and we thought it timely to raise awareness and promote better understanding of the condition.

Dementia Carer Facts:

700,000 families in the UK care for people with dementia, with 40% of family carers providing over 100 hours of care per week. Unpaid carers providing care to a value of £14bn.

What is dementia?

Dementia is a broad category of brain diseases that causes gradual loss of the ability to think and reason clearly. The two most common conditions are Alzheimer's and Vascular dementia. Symptoms include deterioration in memory, thinking speed, mental agility, language, understanding and judgment on a level that affects everyday living. People with dementia can lose interest in their usual activities and may have problems controlling their emotions. Social situations are challenging and aspects of their personality may change. They may become unpredictable, lose empathy and even see and hear things that others do not. Planning and organising may become difficult and maintaining their independence is a problem. People living with dementia usually need constant help from family and friends, including help with decision-making.

***What can we do to lessen our chances of developing dementia?**

There is currently no certain way to prevent all types of dementia, or indeed any cure. However, there is evidence that a healthy lifestyle can help reduce your risk of developing dementia and help prevent cardiovascular diseases, such as stroke and heart attacks, which are themselves risk factors for developing dementia.

*Medical Experts agree that you can help reduce your risk of dementia by:

- maintaining a healthy weight,
- eating a balanced diet,
- taking regular exercise,
- not smoking,
- drinking less alcohol and
- keeping your blood pressure at a healthy level.

(*NHS website)

Paul & Heather Dowler, Upper Tysoe

TYSOE UTILITY ESTATE

Tysoe Utility Estate (or Trust) provides discretionary grants to qualifying individuals living within the parish of Tysoe

- Students embarking on a recognised course of further education, such as a degree or equivalent, having completed compulsory education
- A Christmas grant, delivered in the New Year, given to parishioners, after 7 years' residency (amended July 2022) The qualifying age is now in line with the government state pension age. Those that fall below this age, but have already been in receipt of the grant will remain unaffected.
- A death grant towards funeral costs, 7 years residency (amended July 2022)
- A discretionary grant may also be available to individuals experiencing unexpected financial hardship.

GDPR prevents the trustees gaining access to individuals' details and we therefore rely on our local knowledge. We cannot know about everyone who might qualify and to this end, must rely on you to inform us. For further details, please contact the clerk, Mrs Yvonne Dillon on 680567 or e-mail tueclerk@gmail.com for an application form.



talkdementia.uk

**"Our dementia friendly cafes offer tea & coffee,
a chat, friendship & support for people
living with dementia, carers, family & friends"**

Shipston Lodge CV36 4QG - Every Tuesday 10.30am - 12.30pm

Wellesbourne Village Hall CV35 9NH - Every Wednesday 2pm - 4pm

Tysoe Village Hall CV35 0SE - Every Friday 10am - 12 noon

Compton Verney CV35 9HZ - 1st Tuesday of month 10.30am - 12.30pm



Heather & Paul Dowler

Dementia Carer Experience Shared

Telephone: 01295 688376 - email: talkdementia@mail.com

Further information is available on our website: talkdementia.uk



*For all your essential and
not so essential purchases!*

Times are tough and to help a little with those food bills we at **Tysoe Village Stores** want to say thank you to our loyal customers by giving **5% off** all your fresh fruit & vegetables from 1st—10th October inclusive. This discount is valid every time you shop as long as you show your copy of this edition of the Record at the checkout. **Bart & Team**



***Tysoe Village Stores
and
Tea Room***

Doing our bit to keep you safe - locally!

Opening hours:
Mon-Sat: 09.00 – 19.00
Sun: 09.30 – 17.00
Tel: 01295 688333

This month the WI were treated to a visit by two Time Travellers who arrived in Tysoe from the year 1943. Mrs Jane Arnold from the Ministry of Food, resplendent in her utility labelled suit (cost: thirty five clothing coupons) ably assisted by the wonderful Mrs Thompson in pinny and accompanying gas mask.

Mrs Arnold had been sent to tell us “how to make the most of your rations”....a subject very appropriate for the times we now find ourselves in. See photos on page 12.

She proceeded to tell the meeting how they could best use their ration books and gave a cookery demonstration of the ways to use the food available. We were treated to demonstrations and recipes for mock duck, carrot cookies and Victory Pudding.

Typical Weekly Food Ration 1943

- Bacon & Ham 4 oz
- Other meat value of 1s 2d (equivalent to 2 chops)
- Butter 2 oz
- Cheese 2 oz
- Margarine 4 oz
- Cooking fat 4 oz
- Milk 3 pints
- Sugar 8 oz
- Preserves 1lb every 2 months
- Tea 2 oz
- Eggs 1 fresh (plus allowance of dried)
- Sweets 12 oz every 4 weeks

We were also shown the best way to use our clothing coupons as 48 had to last a year...it really was a time of “make do and mend”. Not only was Mrs Arnold informative she was also hugely entertaining.

The meeting was very well attended and took place in the school hall. Thanks to Mrs Horrocks, the school secretary, for being so helpful and to Ken, the caretaker, for setting up and looking after us so well.

Eileen Mann, WI President, Upper Tysoe

SHIPSTON FOODBANK

The largest Foodbank to Tysoe is in St. Edmund's Church in Shipston. As Shipston is a larger town it is more central and has the ability to provide the necessary food parcels via its organisations and through the kindness and generosity of people's donations we are also able to supply food parcels to needy families in our local villages, including Tysoe.

If you wish to use the Foodbank, it is open 10.30 - 12.00 Saturday mornings at St Edmunds Church, Shipston.

If you wish to donate to the foodbank, there is a collection point at St Mary's Church, Tysoe, and in Shipston at both Co-Ops, Tesco and in the porch of St Edmunds. Donations of money are also welcome.

Recently, there has been a drop in donations to the Shipston Foodbank. As a result they have had to use reserves to purchase essentials for people in need. We would be grateful for more donations please.

To find out more about the foodbank, discuss home deliveries if you are without transport or making donations, please contact the foodbank administrator **drinaheighton@gmail.com**.

Revd George Heighton. The Vicarage, Middle Tysoe

WANTED - DRIVERS FOR THE SHIPSTON LINK MINIBUS

If interested please contact David Sewell on 01295-680316 or dnwsewell@btinternet.com

PEOPLE FACTS

May I send our special thanks to Alexander Paterson who has provided two wonderful illustrations for this month's Record. Alex, who was once a soldier, is now a Servant of the House of Commons. He recently volunteered his people-handling skills and parade ground voice to marshal the queue of people waiting to pay their respects to Her Majesty the Queen during the Lying in State. Thank you Alex.

Guest Editor

Thomas Fox

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**DID YOU
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Previous issues of the Tysoe & District Record are available online at www.tysoe.org.uk/tysoe-record.

THE GARDEN IN 40°

Half of all the hottest 10 days on record have been recorded by the Met Office since 2010. This year's Flower Show saw a decline in entries by 30%. So how does the gardener cope?

On the Warwickshire clay the traditional temperate crops suffered badly. Lettuce bolted, brassicas and runner beans were a disaster and yields were down. Even the blackfly fried on the dwarf beans!

So what can we change in response to this challenge? There are opportunities to grow more Mediterranean type crops outdoors (not just grapes). The peppers grown by the allotment holder on the footpath edge have been brilliant since I first spotted them in 2011. To benefit, we probably need to do some of the following things in our gardens:

- Plant seeds in smaller batches, more often and ideally using saved seed and less F1 varieties
- Plant more bulbs and tubers
- Vegetables that can be sown in Sept to November include: broad beans, garlic and winter onions, chard, fennel, lettuce and salad leaves (under glass); they need less watering than those sown in summer
- Look at what plants survived this summer in gardens locally and grow more of that group
- Plant perennials in autumn not spring, they then have a chance to get their roots established over the winter so will need less watering in summer
- Use raised beds or containers that can be more easily watered, covered and shaded
- Switch areas to no-dig using composting – even lightly covering a layer of cardboard with soil or compost in autumn will help!



Photo: Glory Tree – when the ground cracked compost was added on the surface. The tree was still stressed but the colchicums have loved it!

Mike & Sue Sanderson, Upper Tysoe

TYSOE VILLAGE HALL UPDATE

Further to the video and information posted on the Tysoe Facebook page on 6th July, please note the following update regarding repairs to the Village Hall:

- Water damaged timbers and flooring have now been removed, and reinstated, covered by a Damp Proof Membrane (DPM) and marine ply sheeting, in preparation for the laying of the new engineered oak flooring,
- Although chosen at the beginning of July, manufacturers lead-times resulted in delivery of the new engineered oak flooring scheduled for w/c 19th September; this could be delayed by a week, despite efforts to expedite delivery.
- The flooring must acclimatise for a minimum of 72 hours before installation can commence and work will take 2-3 weeks to complete (circa mid-October).
- Upon completion of the installation and sealing of the new flooring, the hall will undergo a full clean to floors, walls and fabrics, followed by re-decoration to the front entrance lobby, Main Hall and toilet lobby; this will take approximately 2 weeks.
- Consequently, we anticipate that the earliest date for re-opening the hall is week ending 4th November 2022. Please note, this is an indicative date only at this point, as we remain in the hands of the insurers, loss adjustors and their contractors.
- To mark the hall re-opening, the Village Hall Committee have started planning a celebratory event, details of which will follow once a firm date is established. This event will be targeted at both village residents and regular hirers, all of whom we thank for your ongoing patience and support, during what has been an extremely difficult and complicated period in our Hall's life.
- Ideas and suggestions for the format of the re-opening event can be forwarded to the Secretary (email address below).

Steve Randall – Secretary E-mail sc.randall98@gmail.com
Tysoe Village Hall Committee 14th September 2022

OCTOBER DATES FOR YOUR DIARY

7	Friday	Tysoe Dementia Café, 10.00-12 noon, Tysoe Reading Rooms Food Caddy waste collection only
8	Saturday	Apple Day at the WOT2Grow Orchard. 1-4pm. See page 15 for more information.
10	Monday	Tysoe Parish Council Ordinary meeting including Q&A with Acorn Bio Energy, 7.15pm, St Mary's Church.
14	Friday	Tysoe Dementia Café, 10.00-12 noon, Tysoe Reading Rooms Food Caddy, Blue & Green waste collection
16	Sunday	Harvest Festival Service and bring and share lunch, 11.00, St Mary's Church.
18	Tuesday	9am - 12 noon FREE Coffee morning in church including Tysoe School Harvest Festival
21	Friday	Tysoe Dementia Café, 10.00-12 noon, Tysoe Reading Rooms Food Caddy & Black waste collection
25	Tuesday	Mobile library 1.45pm, parks up outside the Village Hall.
28	Friday	Tysoe Dementia Café, 10.00-12 noon, Tysoe Reading Rooms Carers4Carers monthly Meeting, 10.30-12 noon. Kinton Village Hall. Food Caddy, Blue & Green waste collection
29	Saturday	Bonfire & Firework Display. Free Entry. See page 23 for more information.

**11.00am Sunday services at St Mary's, Tysoe.
Come and join us. Everyone is welcome.**



APPLE DAY AT THE ORCHARD



**A COMMUNITY APPLE-JUICING EVENT
FOR ALL THE FAMILY!**

**SATURDAY
8TH OCTOBER
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**JOIN IN TO HELP TURN
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– IT'S LOTS OF FUN FOR ALL THE FAMILY!**

Bring your own apples to juice if you have some, or just come along anyway! Windfalls are fine if you clean them first, there is no water supply at the orchard. Bring a clean container to take some juice home. Some car parking is available at the Community Orchard, located just behind the allotments on the Shenington Road in Tysoe.

WWW.WOT2GROW.CO.UK



Live Jazz in Brailes

Saturday Evening 22nd October
7pm -10pm - Brailes Village Hall OX15 5AS
Doors open 6.30pm - Bar available

Featuring The Karen Sharp Quartet

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Tickets £12 pre-booked or £15 on the door

WHAT'S COMING UP

Tysoe Sports Club
proudly present

Bonfire & Firework Display 29 October 2022

FREE
ENTRY

Come and enjoy the welcome return of the Bonfire and Firework Display in Tysoe, With BBQ and licensed Bar, this will be a fun evening for people of all ages.

All funds raised go to the Tysoe Pavilion. Entry is free thanks to the generous support of the Tysoe Flower Show and Fete.

Saturday 29 October

17.00 Gates Open

18.00 Bonfire Lighting

19.15 Fireworks



MadMolly

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VOLUNTEERS NEEDED!

Tysoe Tigers Under 8s boys football team are in urgent need of a coach and/or pitch helpers for the 2022 / 2023 season.

What are the Tigers looking for? Candidates should:

- Be 16 years+ (no upper age limit)
- Any gender
- Happy to have a FA DBS (Disclosure and Barring Service) check (a legal requirement for working with children)
- Available Saturday mornings. We are looking for several candidates so not all Saturdays will be necessary.

Other than that, no previous experience or knowledge required.

If you are interested or would like to know more please contact Jennie at jennietyrrell@hotmail.com. Please note that if these roles are not filled, the team may be withdrawn from the League which would be terribly disappointing. Thank you.

Jennie Tyrrell, Tysoe

*For all your essential and
not so essential purchases!*

We stock a wide range of locally sourced products, including fresh bread and pastries, fruit and vegetables, Mabel's milk, Fowlers cheeses, meat pies and ready-meals, Gluten-free and vegetarian ranges.

We now have a regular delivery from Barry the butcher - ring us for any special orders by Wednesday and we'll have them ready for the weekend.



Tysoe Village Stores
and
Tea Room

Opening hours:
Mon-Sat: 09.00 – 19.00
Sun: 09.30 – 17.00
Tel: 01295 688333

Doing our bit to keep you safe – locally!

MAKING SPACE FOR NATURE



As autumn develops, and the grass turns green again, it's a good time to reflect on the impact of the long period of hot, dry weather we've experienced this summer. Not only have there been record high temperatures, probably up to 39°C in this area, but there was also an absence of rainfall for some time.

A good number of trees have partially shut down, losing leaves in the process, and I was surprised to see elder bushes wilting in some of the hedgerows. Drought-stressed deciduous trees enter winter dormancy earlier and, although this may not be a problem as a one-off event, a series of droughts could have a more lasting impact on their survival.

Summer droughts often result in excessive algal growth in rivers and lakes and the lake at Compton Verney has seemed particularly green to me this summer (see photo).

When algal blooms come to an end, the concentration of oxygen in the water can fall rapidly as the algae are broken down by bacteria, and this can lead to fish deaths and localised extinctions of some aquatic species.



Droughts also mean that earthworms stay deeper in the soil, so that birds can't find them, and ground-feeding mammals such as badgers and hedgehogs can also suffer, not only from a shortage of food, but also from overheating and dehydration.

Finally, while hot, sunny weather may be better for butterflies, it can be bad news for caterpillars, which need plenty of foliage to feed and grow. If hot, dry summers are going to become more frequent over time there will be a definite shift in the species that predominate. For example, the hot, dry summer of 1976 had a lasting adverse impact on beech trees in certain parts of the Wye Valley, whilst sessile oaks fared much better and have become the dominant species.

Rosemary Collier, Lower Tysoe



WOT2Grow COMMUNITY ORCHARD

Most of the soft fruit has come to an early finish this year due to the weather and mainly lack of water for the raspberries. So it is now pruning time cutting out the fruited canes and tying in the new ones for next year crop.

The cherries have been pruned so that we can cover the branches next year to stop all the fruit going to the birds. The apples and pears are gradually being pruned but we have all autumn and winter to complete this task. Other maintenance is scheduled with the hedges and wind breaks due to be cut starting in November when the leaves have fallen.

Plenty of apples this year and our first juice has been produced and declared delicious!!

So why not get some juice by coming along to Apple Day and doing the juicing!! Apple Day at the orchard is on October 8th from 1 to 4pm! Look out for the posters!

Find out more – use the contact numbers below or message us via the web site. Liz Atkinson (680045), Paul Sayer (680451), Sue and Mike Sanderson (688080). Website www.wot2grow.co.uk

The Community Orchard is just behind the allotments on Shenington Road in Tysoe.

RECYCLE DON'T LANDFILL

Superdrug Pharmacy outlets have, for some time, been collecting empty blister packs. You know, the ones your vitamins, medication or birth control come in. They have an arrangement with the big pharma companies for them to be sent back for recycling. After finding out about this I started collecting empty blister packs in the village and, when I go to Banbury, I drop them all off in the Castle Quay Superdrug store. I estimate we collect a bin full every 8-10 days at the moment.

If you usually throw away your blister packs, save them up, and once in a while drop them in the bin by my front door. If you can, please take away your carrier bags, just leaving the blister packs for me to package up (unless the bin is full to overflowing). Together we are saving more from landfill. Deliver to 6 Middleton Close, Tysoe. CV35 0SS.

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TWAM VOLUNTEER STANDS DOWN

I have now stood down from being a TWAM (Tools With A Mission) volunteer collector for this area after 15 years because Ann and I are moving away from Warwickshire. I would like to thank all those who have donated their unwanted tools to this charity.

It would be a shame if TWAM did not have a collector in South Warwickshire, please look at www.twam.uk for more information. If you are interested in supporting this excellent charity, please email Paul Daley at pauld@twam.uk or call me if you'd like to discuss further on 07748 324934.

Many thanks
Jim Saxton



Guest Editor Note. Thank you Jim. You have been a regular contributor to the Record over the years and support a very worthwhile cause. We wish you all the best for the future and look forward to welcoming a new TWAM volunteer.



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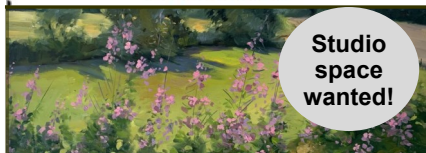
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Summer Matches

The Ladies A came third in the Evesham Division 3 and came so close to promotion but just missed out. The Ladies B will unfortunately go down into Division 6. The men came third in Division 5 in the SWAS.

The Mixed A team in the Banbury Town League have had a challenging season with just one match to play. They will sadly go down into Division 4 next season.

The tennis tournament organised by Brian White and Sylvia Wilcox was played in great spirits with fine weather and was won by "the youngsters" Lou Kramer and Pete Stubbs.

Rusty Racquets

Rusty Racquets has started again on Wednesday evenings. It's great fun for those who haven't picked up a racquet for a long time and highly recommended. You only need a pair of tennis shoes as everything else is provided.

Finally, if you would like to join the Club now, there is the offer of a half price membership fee. Contact the Club Secretary:

Email: carol.spencer234@hotmail.co.uk



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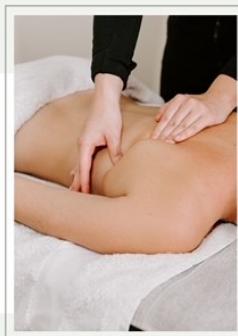
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